



GLOBAL SUCCESS  
INSTITUTE

# YOUR *ultimate* SELF

UNLOCK YOUR POTENTIAL

Discover the All New **Your Ultimate Self** Program for Yourself at  
[WWW.THECOACHINGINSTITUTE.COM.AU/YOUR-ULTIMATE-SELF](http://WWW.THECOACHINGINSTITUTE.COM.AU/YOUR-ULTIMATE-SELF)

# YOUR ultimate SELF

BY GLOBAL SUCCESS INSTITUTE

Have you ever dreamt of a life of joy, meaning and purpose?

**Have you ever wanted to feel completely in control of your life, by embracing who you truly are?**

Imagine living a life where joy, relationships, health, vitality are the norm, where you discover how to let go of old thinking patterns that are holding you back, build new ones that propel you forward in the direction of your goals and incredible transformation, so you too can be uniquely YOU...

**YOUR ULTIMATE SELF IS THE 6-STEP SYSTEM TO CREATING LIFE ON YOUR TERMS.**

You can choose to change your life, right now. You can choose to take your life to a whole new level, simply by understanding the keys to your behaviour:

- Why you do things you do
- Why you have certain beliefs and thought patterns, and
- How they influence and create your life as you know it

Empowered by this knowledge you can choose to re-write your story - and begin to literally change your life. Together, we are going to discover the deepest purpose and passion in your life as well as how to get inspired and propel in the direction of achieving your deepest dreams. This online training will give you the blueprint to craft the life you love.

Developed by Sharon Pearson utilising over 14 years of experience as a highly successful and influential coach, leader, trainer and mentor—and previously only available to an exclusive group of people—Your Ultimate Self will help you create an empowered life of your choice by learning how to embrace your own true authentic self.

**It's your time. Take the first steps towards living your extraordinary life today...**



**Created by Sharon Pearson,  
Founder of Global Success Institute and The Coaching Institute,  
renowned author, mentor, businesswoman, entrepreneur, coach & speaker.**

Sharon has reinvented the potential that coaching holds, authored 5 international bestselling books on personal, business and coaching success.

By applying the exact step-by-step formulas and incredible models captured in Your Ultimate Self, she has created a business and a community that allows her to achieve what matters most: helping people live their dreams. Global Success Institute and The Coaching Institute have trained over 6000 coaches to date and empowered thousands of people around the world to live life on their terms, and to live their dreams. . .

# WHAT YOU'LL DISCOVER WITH **YOUR ULTIMATE SELF**



## #1 YOU UNIQUELY YOU

### **DISCOVER HOW YOU CAN BE UNIQUE YOU.**

And how to tap into the feeling of being whole, vulnerable, resilient, courageous, risk-taking, creative, playful, spontaneous and intuitive. . .  
That each of us is born with.



## #2 TRIBAL CYCLES

### **DISCOVER YOUR 'TRIBAL CYCLE' AND HOW IT MAY BE KEEPING YOU STUCK.**

Decode the patterns of behaviour that may have been handed down to you, perhaps unknowingly and undeliberately, by your parents and your environment growing up. . . that may no longer be serving you in your ideal life.



## #3 DENIED YOUR I-AMNESS

### **RECLAIM YOUR I-AM-NESS AND GAIN THE COURAGE TO EXPRESS YOUR ULTIMATE SELF.**

As you break through the 'tribal cycle' and let go of past burden, access THREE STEPS to reclaiming your 'I-am-ness' and express who you authentically are, who you were always meant to be. . .



## #4 CRAZY MAKING

### **DEFINE THE DIFFERENCE BETWEEN YOUR TRUE IDENTITY AND YOUR BEHAVIOUR.**

Learn how to be comfortable and confident in expressing your authentic self (your 'I-am-ness'). Explore the different 'roles' you play in life and gain the freedom to choose the 'role' that empowers you to experience life on your terms.



## #5 ALONG CAME ADULTHOOD

### **STEP INTO YOUR PERSONAL POWER AND REDEFINE LIFE ON YOUR TERMS.**

Sometimes we lose ourselves and our purpose on the journey to adulthood. Reconnect with your passion, your purpose and your potential. Become the person you've always wanted to be growing up. . .



## #6 WHEN WE AVOID WHAT MATTERS MOST

### **OVERCOME THE FEAR OF SUCCESS THAT MAY BE HOLDING YOU BACK IN LIFE.**

Have you ever done this? The more you care about something, the more you procrastinate, overthink, avoid taking action. . .  
Discover how to gain the clarity and courage you're seeking to be in control of what truly matters to you truly matters to you.



# 3 levels

YOUR *ultimate* SELF

## YOUR SUCCESS COACHING

*Online Program + Group Mentoring + One-on-one Coaching*

## YOUR SUCCESS

*Online Program + Group Mentoring*

## YOUR ULTIMATE SELF

*Online Program*



# YOUR *ultimate* SELF

## Online Program

Do you have an important dream or goal that keeps being pushed aside for other 'stuff'? Do you sense that it could really happen, if you just had some additional help, guidance and support?

We're going to work together to break that goal down into manageable steps, and then create a focused strategy to achieve each step, in a way that suits you and your style.

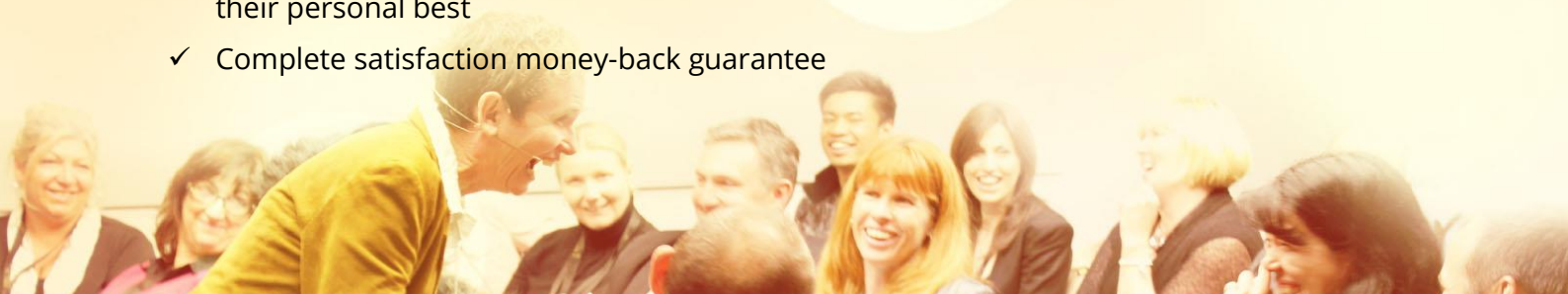
Your goals may be personal, or it may be professional. What you do know is that it's not happening at the moment, and it's time you did this, because you deserve it! And I will be there to help you each step of the way.

### **THIS PACKAGE IS JUST FOR YOU, IF:**

- ✓ You feel ready to accomplish something that is important to you
- ✓ The time has arrived to stop thinking about it and to really make it happen
- ✓ You know that with support and guidance, you will bring this goal home!

### **WHAT'S INCLUDED?**

- ✓ Access to the Your Ultimate Self personal development online training program, including 6 modules on self-love and self-discovery
- ✓ Access to the Your Ultimate Self global Facebook community of people dedicated to being their personal best
- ✓ Complete satisfaction money-back guarantee



### **NERIDA WIRRIGANWALTERS**

#### ***Your Ultimate Self Member***

Such powerful learnings - it really helps to know why I am the way I am and be able to forgive more. Now that we know the truth about us and our 'I-am-ness' we have a responsibility to break the cycle and make great choices for ourselves that will have a ripple effect in the world around us. I am looking forward to integrating these learning and teaching them to others in my workshops and through my writings. Thank you Sharon - you have served us so beautifully. This really does matter, because you matter, and I matter - we all matter. Deep gratitude.

# YOUR *Success*

*Online Program + Group Mentoring*

Are you ready for this personal and professional makeover? Is it your time to make some major, life-affirming decisions regarding who you are and what you care about?

Are you ready... for the new you? Making such a bold move may be a little scary, and it can also bring transformation into your life. Enough of the mundane, it's time for your life's adventure.

I know this process, I love how it serves my clients, and I know how it will benefit you, especially if you're ready for a more meaningful and fulfilling life.

## **THIS PACKAGE IS JUST FOR YOU, IF:**

- ✓ You feel compelled to experience your life from a whole new perspective
- ✓ You are ready for valuable insights into who you are and what you care about
- ✓ A new, more meaningful and passionate life is calling to you.

## **WHAT'S INCLUDED?**

- ✓ Exclusive access to the Your Success 12-month transformational program
- ✓ Exclusive access to Your Success global online community for mentoring and support
- ✓ Priority online support for the duration of our coaching



**JENNI ALBRECHT**

***Your Ultimate Self Member***

Wow so much gold in Your Ultimate Self Program thank you... what hit me was if we aren't prepared to be vulnerable we cannot succeed... So I commit to identifying the safe problems and to stop talking about them, recognise the gifts and focus on more risk taking, creativity, playfulness, wholeness, reciprocity, respect and love!



# YOUR *Success* COACHING

*Online Program + Group Mentoring + One-on-one Coaching*

The Your Success Coaching package will bring you off the sidelines and into the game of life at a level most people will never know. You will connect with so much greater happiness, passion and fulfilment in all you do. Because you'll be living a life of your own design, you'll continually advance toward your most passionate desires.

The key to this reinvention is to firstly start with the person you are at your core, and then work outwardly from there. Together, we will work to help you reconnect you with your true 'I-am-ness' and your core.

## **THIS PACKAGE IS JUST FOR YOU, IF:**

- ✓ You are determined to discover the best version of you, you can be
- ✓ You want guidance and insights into you and your life so you can make better decisions
- ✓ You love being able to connect with someone who gets you and who is there only for your success!

## **WHAT'S INCLUDED?**

- ✓ Meta Dynamics™ Assessment and profile to assess your strengths and stretches – that way we know where we're heading!
- ✓ 20 one-hour focused coaching sessions via phone or Skype
- ✓ Priority online support for the duration of our coaching



**DAVID JON O'NEIL**

***Professional Coach***

It has been nothing short of transformational - for both myself and my current and future clients! I am looking forward to continuing to unpack the plethora of Gold... no... PLATINUM... that Sharon so generously and completely shared with us over the coming days and to be able to pay it forward and serve my clients on a whole new level!!! Thank you Sharon & The Coaching Institute - I am eternally grateful for this incredible gift!



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*"As Sharon would say, "never be beige";  
be passionate, playful and courageous."*

**Julie Alexander**  
Founder of The Private Coach

*"I wake every morning more passionate than the day before about  
supporting people, growing my business, making others even more successful and  
living a life of passion and purpose."*

**Kim Rowe**  
Founder of The Business Boutique

*"Your Ultimate Self has helped me understand myself so much more.  
Embrace our inner child!"*

**Elizabeth Murray**  
Your Ultimate Self Member

*"You can look forward to discovering some amazing parts of you  
that will make a huge change in your life."*

**Allen Hunt**  
Your Ultimate Self Member

*"Seriously, it will be a magnificent life-long journey catching up, absorbing and  
learning how to share the level of awesomeness that is exceptional training.  
Sharon is the exquisite pinnacle of being a world-class trainer and facilitator."*

**Natasha Williams**  
Business Development Manager at VicSuper

*"I cannot adequately express the gratitude I feel for Sharon Pearson, Joe Pane and the  
incredible team at The Coaching Institute. The level of support they offer is second to  
none.*

*The training is world class."*

**Tara Whitewood**

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